



**1 Norwich Castle:** one of Norwich's most famous landmarks was built by the Normans as a royal palace 900 years ago. It is now a museum and gallery. Originally, livestock grazed within the grounds.

**2 Surrey House:** built between 1900 and 1904, it is the headquarters of Aviva (formerly Norwich Union). The main hall of this elegant Edwardian Grade I listed building is splendid and features 15 types of marble.



**3 Brazengate/Lakenham Way:** Brazengate was the location of the lost Victoria Station while Lakenham Way is the cycle and walking path that follows the route of the old railway.

**4 Danby Wood and Marston Marsh:** Marston Lane runs between the two nature reserves of Danby Wood and Marston Marsh in the valley of the River Yare. A sea of green awaits you!

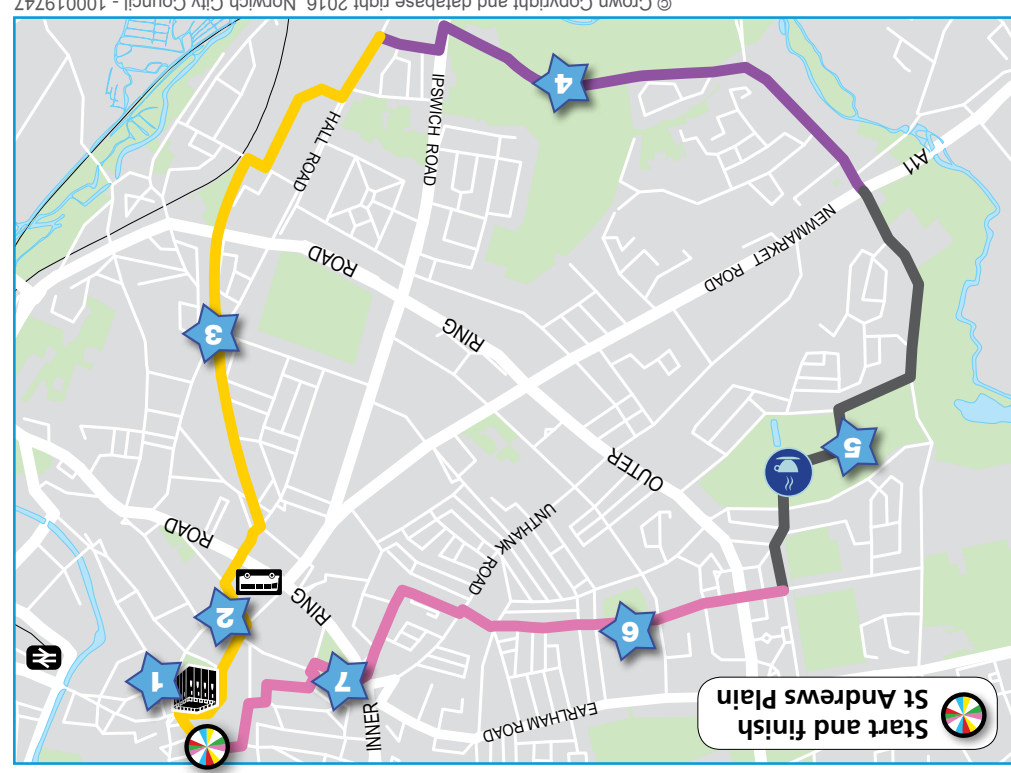


**5 Eaton Park:** opened in 1928 after 100 men laboured for three-and-a-half years to create it, the park has lots of leisure activities on offer including a boat pond and miniature railway.

**6 Heigham Park:** the first of the interwar parks to be created by Sandys-Winsch, park superintendent to the city council. Work started in 1921 and the park opened in 1924.



**7 Chapelfield Gardens:** this popular city centre park opened in 1880. It has play areas, a bandstand and 45 different species of tree.



**Bitesize biking**  
Explore the city and all it has to offer with our series of easy-to-follow cycle routes.

**BITESIZE Biking** Ride 2 **South-west tour Norwich** 12.2km

**South-west tour:** this 12.2km ride along the pedalways takes in some of the city's famous and most picturesque sites, from the imposing Norman castle to the lush greenery of Danby Wood and Marston Marsh. So use your pedal-power to take you on a journey of discovery and enjoy a pit-stop at one of our wonderful cafés along the way.

Get the Norwich cycle map for more information about the pedalway network.





**S** **START**  
St Andrews Plain

- Follow the yellow pedalway up St Andrews Hill
- 120m  
Cross London Street into Opie Street
- 75m  
Turn right into Castle Meadow

**1** **Norwich Castle**

- 250m  
Turn right into Red Lion Street
- 180m  
Continue into St Stephens Street
- 60m  
Turn left into Surrey Street

**2** **Surrey House**

- 215m  
Turn right into All Saints Green
- 135m  
Cross Queens Road (inner ring road) into Brazengate

**3** **Lakenham Way**

- 1890m  
Turn right into Sandy Lane

- 120m  
Turn left into Bessemer Road

- 560m  
Turn left into Hall Road

- 330m  
Turn right into Fountains Road, joining the purple pedalway

- 370m  
Cross Ipswich Road into Marston Lane

**4** **Danby Wood and Marston Marsh**

- 1485m  
Ahead into Church Lane

- 710m  
Cross Eaton Street into Bluebell Road, joining a neighbourhood route

- 1025m  
Turn right into South Park Avenue

- 365m  
Turn left into Eaton Park

- 240m  
Turn right towards the pavillion

**5** **Eaton Park**

**NEED A BREAK?**  
Refuel at Eaton Park Café

- 310m  
Turn left at the bandstand

- 168m  
Cross North Park Avenue into De Hague Road

- 177m  
Turn left into George Borrow Road

- 220m  
Turn right into The Avenues, joining the pink pedalway

- 197m  
Cross Colman Road (outer ring road)

**6** **Heigham Park**

- 1155m  
Turn right into Park Lane

- 155m  
Turn left into Unthank Road

- 25m  
Turn right into Essex Street

- 285m  
Turn left into Rupert Street/Vauxhall Street

- 425m  
Cross Chapel Field Road (inner ring road)

**7** **Chapelfield Gardens**

- 305m  
Cross Chapel Field North into Little Bethel Street

- 66m  
Turn right into Bethel Street

- 205m  
Turn left into St Peters Street

- 90m  
Turn right into Gaol Hill

- 85m  
Turn left into Exchange Street

- 200m  
Turn right into St Andrews Street

140m

**F** **FINISH**  
St Andrews Plain